



INFORMATION
about ITF Taekwon-Do Open European Cup
for Youth and Juniors
«FIRST CAPITAL»

Time and place:

Competitions shall be held on January 21-24, 2010
at the address: 90 Kotlova St., Palace of Sport «Locomotive», Kharkiv, Ukraine

Competition program:

21 of January (Thursday):

Arrival and accommodation of participants, coaches and judges.
10.00-18.00 Registration and accommodation of participants
18.00-19.00 Judicial meeting
From 19.00 Draw

22 of January (Friday):

individual and team pattern; Age group 8-9,10-11 years old
official opening ceremony,
individual sparring; Age group 8-9 years old
individual sparring; Age group 10-11 years old (26 kg, 30 kg, 34 kg, 38 kg)
special technique; Age group 10-11 years old
Medal awarding

23 of January (Saturday):

individual and team pattern; Age group 12-13 years old
individual sparring; Age group 10-11 years old (42 kg, +42 kg)
team sparring; Age group 10-11 years old
individual sparring; Age group 12-13 years old
special technique; Age group 12-13 years old
Medal awarding

24 of January (Sunday):

individual and team pattern; Age group 14-17 years old
self-defence; Age group 14-17 years old
team sparring; Age group 12-13 years old
individual sparring; Age group 14-17 years old
team sparring; Age group 14-17 years old
special technique; Age group 14-17 years old
self-defense; Age group 14-17 years old
Medal awarding

About all changes in the competition schedule will be announced separately.

Competition program includes:

Age group 8-9 years old (younger youth)

individual pattern (1st division: 8th-5th grade; 2nd division: over 5th grade)
individual sparring (1st division: 8th-5th grade; 2nd division: over 5 grade)

Age group 10-11 years old (younger youth)

individual pattern (1st division: 8th-5th grade; 2nd division: over 5 grade)
team pattern
individual sparring (1st division: 8th-5th grade; 2nd division: over 5 grade)
team sparring
special technique (individual)

Age group 12-13 years old (youth)

individual pattern (1st division: 8th-5th grade; 2nd division: 4 -1 grade; 3 division: 1st – 3rd degree)
team pattern
individual sparring (1st division: 8th-5th grade; 2nd division: over 5 grade)
team sparring
special technique (individual)

Age group 14-17 years old (juniors)

individual pattern (1st division: 6th-1st grade; 2nd division: 1st – 3rd degree)
team pattern
individual sparring
team sparring
special technique (individual)

Individual sparring matches consist of 2 rounds 1,5 minutes each. Break - 30 seconds. Team sparring matches last for 1.5 minutes (10-11 years old, 12-13 years old) and 2 minutes (14-17 years old).

To participate in team sparring a team must consists of not less that 5 members.
Participants in special technique - 5 members of each team in each age group.

Competitions Rules and Panel of Judges:

Main judge of competitions – V.M. Dubtsov, International ITF Instructor, International Judge, VI degree.

Competitions shall be held according to ITF rules.

Each team shall provide not less than 2 judges having not less than the 1st degree proved by ITF Certificate as well as judging experience. **A team which has not provided judges shall pay a fine amounting to 30 EUR. Protests and claims concerning judging of teams which has not provided judges shall not be considered.**

Protests can be made by representative of a team only. A protest shall be made with monetary deposit of 30 EUR. Video recordings are not accepted for consideration of protests.

Participants of the tournament:

Teams of Kharkiv clubs, Ukraine clubs-members of Ukraine Taekwon-Do Federation (ITF) and clubs of other countries-members of International Taekwon-Do Federation (ITF) have the right to participate in the tournament.

Competitions shall be held in 4 age groups:

boys

8-9 years old

girls

up to 22 kg
from 22,1 kg to 25 kg
from 25,1 kg to 28 kg
from 28,1 kg to 32 kg
from 32,1 kg to 36 kg
from 36,1 kg to 40 kg
over 40 kg

10-11 years old

up to 26 kg
from 26,1 kg to 30 kg
from 30,1 kg to 34 kg
from 34,1 kg to 38 kg
from 38,1 kg to 42 kg
over 42 kg

youth

12-13 years old

girls

up to 30 kg
from 30,1 kg to 35 kg
from 35,1 kg to 40 kg
from 40,1 kg to 45 kg
from 45,1 kg to 50 kg
from 50,1 kg to 55 kg
over 55 kg

male juniors	14-17 years old	female juniors
up to 45 kg		up to 40 kg
from 45,1 kg to 51 kg		from 40,1 kg to 46 kg
from 51,1 kg to 57 kg		from 46,1 kg to 52 kg
from 57,1 kg to 63 kg		from 52,1 kg to 58 kg
from 63,1 kg to 69 kg		from 58,1 kg to 64 kg
from 69,1 kg to 75 kg		from 64,1 kg to 70 kg
over 75 kg		over 70 kg

Awarding:

Participants which took 1st, 2nd and 3rd places in all types of programs shall be awarded with corresponding diplomas and medals. A team - overall standings leader shall be awarded with the Cup and diploma. The 2nd and 3rd place winners shall be awarded with corresponding diplomas.

Procedure and forms of applications filing:

Preliminary applications specifying members of teams, representatives and judges shall be filed with the competitions organizing committee till January 10, 2010 by e-mail: sombre-kharkov@rambler.ru

Teams that have not send a preliminary application shall not be accommodates by the tournament organizers.

Entry fee for competitors – 20 EUR

The following documents shall be filed with the mandatory committee at the beginning of competitions:

- **Joint application (with names of participants) for participation in the competitions certified by the medical exercises dispensary doctor in the established form;**
- International certificate of corresponding grade (degree) for each participant and judge;
- Birth certificates or passports of the participants;
- Insurance policy;
- **Copy of the identification code and passport of each judge.**

This Information is an official invitation. Please, purchase return tickets in advance.

The suggestion to sportsmen's settling:

Hotel "Mir":

It's situated in the center of the city, near underground railway station "Botanichniy sad". The rooms with all conveniences, there is fridge, TV set.

Double room with third bed cost 150.00 uan\day for one person

Double room (standard) – 175.00 uan\day for one person

Double room (improve) – 225.00 uan\day for one person

It's possible to book a breakfast or dinner for 45,00 uan for one person

The hotel will give out all financial documents what you need.

For sportsmen who live in hotel “Mir” will be organized the transportation from hotel to stadium.

application form

Country:										
Name of Team:										
No.	SURNAME	First Name	Sex M/F	Date of birth dd/mm/yyyy	grade (degree)	Pattern	Sparring category	Special Techn.	coach	Permit of the doctor
1										
2										
3										
4										
5										
6										
7										
8										
9										
10										
11										
12										
13										
14										
15										

If you have any questions, please, contact us by phone:

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